

The mission of The Back Clinic is to empower people to recover from musculoskeletal injuries and dysfunction. We promote positive ideas about wellness using thorough and individualized physical therapy evaluation and treatment with emphasis on education for prevention.

What our patients say about us:

“ From the moment I arrived, I was treated with respect and professionalism. My physical therapist provided guided exercises and massage therapy that gave relief to pain and increased my confidence in how to better manage/prevent future back problems. - Lloyd E. ”

“ I have become much stronger since coming. They have given me the knowledge to keep my joint strong and when I get in trouble, how to work through it. - Donna M. ”

“ I feel like my old self again! I never would have believed physical therapy could make you feel normal again. - Diane W. ”



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(at Milltown Rd)
Wilmington, DE 19808

www.backclinicinc.com

302.995.2100



Offering a full range of
Orthopedic Physical Therapy Programs

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*We're not **just** for backs...*

As specialists in spinal care, we understand the biomechanical relationship between one body part and another, enabling us to effectively resolve any of your musculoskeletal dysfunctions.

We offer individualized, comprehensive, hands on care for problems throughout the body.

Including:

- Neck and Back
- Hip, Knee and Pelvis
- Shoulder and Elbow
- Foot and Ankle
- TMJ Dysfunction
- Pre and Post Op Conditions
- Sports Injuries
- Work Related Injuries
- Motor Vehicle Injuries
- Chronic Pain

WHAT sets US apart?

- Private treatment rooms for individualized attention and true one-on-one care
- Aquatic therapy in an easy-to-access heated therapeutic pool
- Highly skilled, experienced therapists, including a Certified Functional Manual Therapist (CFMT), Certified Pelvic Rehabilitation Practitioner (PRPC), and a Certified Functional Dry Needling Practitioner (FDNCert).
- Fully Equipped Gym for easy progression to Home Exercise Program
- Maintenance Care after Discharge

Our patients tell us they have success at The Back Clinic even when prior therapies have failed.

We will teach you how to be proactive in your healing process. We will emphasize proper body mechanics and posture to relieve symptoms and prevent future problems. We will help you incorporate new habits and customize a home exercise plan that works for you.

